

WeightWatchers

Join Today for Healthy Savings

The benefits of living a healthier life are significant. You can feel better, gain self-confidence and reduce your risk of heart disease, diabetes and certain types of cancer. Plus, as a Medical Mutual member, you'll receive a discount of almost 50% off your WeightWatchers membership!

Core

This self-guided program works with the innovative, award-winning WeightWatchers app to put weight loss at your fingertips.

Premium

This program also includes in-person and virtual weight loss support from your WeightWatchers Coach and group whenever you need it. Once you are signed up, download the WeightWatchers app to find a workshop near you.

Start or renew your WeightWatchers membership today. Log in to My Health Plan® at MedMutual.com/Member. From the Healthy Living tab, choose WeightWatchers. Or call 1-800-251-2583.

MEDICAL MUTUAL®

These recommendations are informational only. They do not take the place of professional medical advice, diagnosis or treatment.

Eligibility and coverage depend on your specific benefit plan. This brochure is considered marketing material and provides information about purchasing or using the service or product. We have no financial ownership or incentive arrangement for the use of this product(s) or service(s). Programs are subject to change without notice.

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